









Preventive Health Checklist: **Men**

*An easy guideline to
keep you on top of
important screenings
and immunizations.*




Preventive **Health** Checklist: **Men**




SCREENING	<i>Date</i>	<i>Results</i>	<i>Date</i>	<i>Results</i>
 Abdominal Ultrasound for Aortic Aneurysm	_____	_____	_____	_____
 Blood Pressure	_____	_____	_____	_____
 Blood Sugar	_____	_____	_____	_____
 Cholesterol	_____	_____	_____	_____
 Colonoscopy	_____	_____	_____	_____
 HIV Testing	_____	_____	_____	_____


SCREENING	<i>Date</i>	<i>Results</i>	<i>Date</i>	<i>Results</i>
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 Prostate Cancer	_____	_____	_____	_____
	_____	_____	_____	_____

IMMUNIZATIONS	<i>Date</i>	<i>Results</i>	<i>Date</i>	<i>Results</i>
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 Flu Vaccine (Influenza)	_____	_____	_____	_____
	_____	_____	_____	_____

 Pneumonia Vaccine (Pneumococcal)	_____	_____	_____	_____
	_____	_____	_____	_____

 Shingles Vaccine (Zoster)	_____	_____	_____	_____
	_____	_____	_____	_____

 Tetanus Booster	_____	_____	_____	_____
	_____	_____	_____	_____