



## Preventive Health Checklist: **Men**







*An easy guideline to  
keep you on top of  
important screenings  
and immunizations.*






# Preventive **Health** Checklist: **Men**





<b>SCREENING</b>	<i>Date</i>	<i>Results</i>	<i>Date</i>	<i>Results</i>
 <b>Abdominal Ultrasound for Aortic Aneurysm</b>	_____	_____	_____	_____
 <b>Blood Pressure</b>	_____	_____	_____	_____
 <b>Blood Sugar</b>	_____	_____	_____	_____
 <b>Cholesterol</b>	_____	_____	_____	_____
 <b>Colonoscopy</b>	_____	_____	_____	_____
 <b>HIV Testing</b>	_____	_____	_____	_____


<b>SCREENING</b>	<i>Date</i>	<i>Results</i>	<i>Date</i>	<i>Results</i>
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 <b>Prostate Cancer</b>	_____	_____	_____	_____
	_____	_____	_____	_____

<b>IMMUNIZATIONS</b>	<i>Date</i>	<i>Results</i>	<i>Date</i>	<i>Results</i>
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 <b>Flu Vaccine (Influenza)</b>	_____	_____	_____	_____
	_____	_____	_____	_____

 <b>Pneumonia Vaccine (Pneumococcal)</b>	_____	_____	_____	_____
	_____	_____	_____	_____

 <b>Shingles Vaccine (Zoster)</b>	_____	_____	_____	_____
	_____	_____	_____	_____

 <b>Tetanus Booster</b>	_____	_____	_____	_____
	_____	_____	_____	_____